



STREET SURVIVAL SEMINAR

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The Street Survival Seminar is the only course addressing officer and citizen safety from two perspectives:

“The Fatal Four” – Our goal for the Seminar is to ensure the safety of officers beyond one incident or an eight-hour shift. We look at officer safety from the perspective of surviving emotionally and physically, during an entire career. Examining the cause of deaths both on-and-off-duty we discovered the four most common causes are the following:

1. Felonious Assaults
2. Vehicle/Traffic Related Incidents
3. Physical Conditioning (heart attacks)
4. Emotional Health (suicide)

The Impact of Stress – The primary cause of the above four is stress. In addition, the primary reasons police officers overreact, behave unprofessionally and even use unnecessary force is because they have not been trained to recognize, prepare and deal with true stress. Therefore, understanding the realities of stress and training successfully for dealing with it is the foundation of the two-day presentation. Whether dealing with the mundane calls, highly evolving and dangerous encounters or off-duty responsibilities stress is always in play. So we discuss how to manage it in the following scenarios:

1. Hyper-Fight: Over-reaction in a Physical Confrontation
2. Flight/Freeze: Cognitive Deterioration in High Stress Incidents
3. Adapt and Reason: A Vital Skill for Today's Law Enforcers
4. The Conflict: Modern Training vs. Our Innate Survival Instincts

Presented over two days in a very dynamic format by highly experienced instructors, the seminar utilizes video, meaningful current statistics, case studies and interesting personal experiences to impress upon attendees that their personal safety and career survival truly is up to the them.

Topics we'll cover include:

- Understanding the role of civilian peace officers as Guardians of the Democracy
- How being unprepared for stress causes fatal mistakes
- De-Escalation for safe and successful Resolutions
- Human Diversity and the realities of bias
- Legal Parameters of using force
- The Science of Human Performance & Training for Stress
- Road Wise: Vehicle & roadway related dangers
- Detecting preattack and felonious assaults
- Physical & emotional health
- The necessity of effective communication