



## FEMALE ENFORCERS: A *Two-Day Event!*

*Don't miss this Exciting and Interactive Two-Day Event that pairs our highly sought after Female Enforcers with our career enhancing Emotional Survival for the Female Enforcer.*

[Find a Class and Register Today!](#)

[CLICK HERE](#)

During this lively and highly interactive event, attendees will receive the core principles delivered in our **Female Enforcers** program to include the most current tactics focused on advanced mental, physical and tactical skills.

In addition, the seminar will spend a day sharing tools from the **Emotional Survival for the Female Enforcer** which are designed to help you manage the 24/7 emotional, physical and psychological demands that exist in a career serving and protecting a community, home, and family.

Discussions and topics will include, but are not limited to:

- ✓ **Identifying Stress**
- ✓ **Emotional Intelligence**
- ✓ **Balancing Home and Career**
- ✓ **Self-Control and Managing Emotions**
- ✓ **Having it All, Doing it All, Being it All**
- ✓ **The Importance of Effective Communication**
- ✓ **Use of Force Encounters**
- ✓ **Tactics, Training & Equipment for the Smaller Officer**
- ✓ **Physical Fitness (Mind, Body, and Spirit)**
- ✓ **Being Authentic: Embracing Our Unique Strengths**
- ✓ **Mentoring and Leadership**
- ✓ **BURNOUT**
- ✓ **Suicide, Depression, Addiction, and Divorce**

**...AND SO MUCH MORE!!!**